



Highlights: October 2012....

Main Line Rehabilitation Associates



Satisfaction Survey Results Are In: Services To Individuals With Autism

MLRA serves individuals on the Autism Spectrum in several capacities. STEPS is our group program which focuses on cognitive adaptability, social interaction, and vocational and academic preparation. Individuals on the Autism Spectrum are able to participate in various skill building activities both within the program walls and out in the local communities. These services emphasize individualized needs and personal responsibility.

In addition to this group program, we work with individuals one-on-one in the home and community. Our one-on-one and group services can occur individually or as a combination; whatever best meets the needs of each individual.

Our goal each year is to provide effective and individualized service that results in overall consumer satisfaction and increased independence in the home and community. We are proud to share some information collected through our Satisfaction Survey from the individuals served in our Autism Program below.

- 100% of the respondents state that Main Line Rehab worked on the goals they had set for themselves. Our treatment teams emphasize individual and functional goals for each individual served.
- 100% of the respondents expressed satisfaction with our services.
- 100% of the individuals served improved on our clinical rating scale.
- 100% of the individuals served improved on the Social Interaction subscale of the Community Integration Questionnaire.
- 100% of the respondents indicated that they felt individual resources were used efficiently.



Brain Injury Association of PA Annual Conference

The 2012 Annual BIA Conference was held at the Lancaster Marriot on June 25th– 26th. The theme of the conference was Improving Quality of Life: Practical Approaches and Cutting Edge Strategies. Main Line Rehab was thrilled to have the opportunity to present for a third time on a topic unique to home and community based rehabilitation. The topic, titled “Thinking About Thinking: Improving Problem Solving and Self– Awareness after TBI,” and presented by Jessica Chappell, Executive Director, and Lesa Mason, Program Coordinator for Western PA, highlighted the evolution of awareness in the recovery process. The role of meta-cognition in Cognitive Rehabilitation Therapy was emphasized, as well as practical methods and strategies that could be used by survivors and families. A large crowd attended and the feedback was remarkable. We were pleased to have 7 of our own NeuroCognitive Specialists attend this



Main Line Rehab Navigates Through The Changes

Recently, our services underwent some significant transitions in response to the many changes and cuts that occurred with Waiver funding. Though this was a very challenging time for the organization, our staff, and most notably the people we serve and their families, we are proud to announce that we were able to continue to serve each individual without disruption, regression, cuts on hours or other major changes. Our mission, throughout the many changes to rules, regulations, and funding in the past several months, was to ensure that each individual could continue to be served in the same capacity without feeling the bureaucratic issues that were occurring on the state level. We focused on good clinical practices and providing education to the people we serve, their families, and other natural supports. We are happy to say that the number of consumers we serve has grown despite the difficult transition. Thank you to everyone who rallied, fought, called, wrote, and lobbied for Cognitive Rehabilitation Therapy to be accurately represented and available through the CommCare, Independence and OBRA Waivers.

For more information, contact us at:

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Visit us at:

www.mainline-rehab.com

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Community Based Brain Injury Program