



March 2012 Highlights....

Main Line Rehabilitation Associates



A Year In Review

Main Line Rehabilitation Associates, Inc. just celebrated, our 26th year of providing true home and community based services to individuals with cognitive disabilities residing in Eastern Pennsylvania and the Pittsburgh Area. Main Line specializes in Cognitive Rehabilitation and Community Integration to promote independence, community access and excellent quality of life.

In 2011, Main Line grew from an organization supporting 136 consumers and 51 staff in 2010 to providing services to 161 consumers, supported by 57 staff and 7 consultants. Our STEPS program, a group program serving consumers in Chester County, and our Pittsburgh program experienced significant growth, thanks to dedicated staff and a growing reputation for excellence in service.

We successfully completed a CARF review with accolades for excellent staff, use of evidenced based practices, and dedication to true home and community based services. We obtained a license as a home care agency and successfully completed a QMET review by the state. The QMET review praised

Main Line for best practices in service delivery, documentation, incident reporting, organization of files, development of policies and procedures and communication. Our training was cited as outstanding.

In October the state made sweeping changes to the scope and definition of community integration, our primary service. In response we developed new treatment plans that better represented our specialty, cognitive rehabilitation. We collaborated actively with consumers, families, service coordinators, PARF, and advocates to ensure a smooth transition in the New Year.

Main Line presented at both the state brain injury conference and the Federal Interagency Brain Injury conference in Washington, DC. We have updated our website resources, and you can now find us on Facebook! We have several fun, new social events planned, so watch for announcements.

We wish all of you a happy, healthy 2012. We truly appreciate the efforts of our wonderful staff on behalf of Main Line and the people we serve.



CARF accredited for Home & Community Integration

To follow us on Facebook go to:

<http://www.facebook.com/pages/Main-Line-Rehabilitation-Associates-Inc/198591666873245>



Highlights... Support-Teamwork-Experience-Purpose-Success Day Program

STEPS at Main Line Rehabilitation Associates, our day program was established in 2009 to address the community integration needs of adults with a variety of neurological disorders, such as Autism Spectrum Disorder brain injury and MS. Over the course of 2011, STEPS showed steady growth and Main Line is excited to announce that we are now offering our day program, Monday–Friday from 1-4:30! Our therapists provide individualized support within a small group setting, and encourage participants to embrace their unique potential, developing individual goals for improved quality of life and greater autonomy. Individuals who attend STEPS receive assistance with cognitive adaptability, social interaction, and vocational and college bound academic preparedness. Group participants work together in a supportive manner provid-

ing one another with valuable insights, feedback and encouragement. Structured activities occur both within program walls and in the local community. This program works in conjunction with individual one on one services in the participants own home and community. We welcome you to visit us in Exton, meet our staff and tour the unique program environment. (Please call Meghan at 610-280-0180 extension 109.

